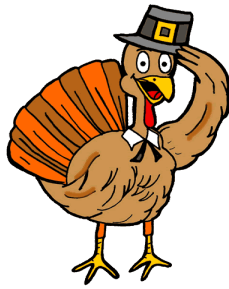


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The Tiverton Senior Center

207 Canonicus Street
Tiverton, RI 02878
Telephone: 401-625-6790
Email: seniorcenter@tiverton.ri.gov
NOVEMBER 2024

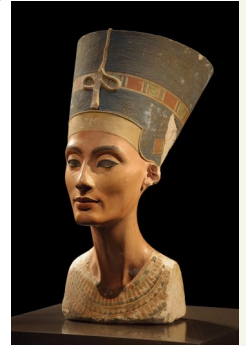


The Center will be closed on Monday, November 11th for VETERAN's Day. We will also be closed on November 28th and 29th for THANKSGIVING



The Art of Ancient Egypt~ Thursday , Nov. 7th @ 10:15 a.m.

Art For Your Mind is an engaging, educational, art observation experience designed to broaden the minds of its participants. Presentations are for people of all backgrounds - artists and non-artists alike. The featured topic, **The Art of Ancient Egypt**, offers a chance to take a close look at sculpture, architecture, mummies, and tomb artifacts from this amazing ancient civilization. From the craftsmanship to the symbolism, there's a wealth of information to discover. Join local art historian Jill Sanford for an enjoyable hour of challenging yourself to see in new ways!



URI Pharmaceutical Outreach: NOVEMBER 14th at 10:15 A.M. An Overview of Alzheimer's, Dementia and Memory Loss

This presentation reviews all 3 disorders- their similarities, differences, basic treatments and diagnoses in a less in depth manner than the individual presentations.

OUR TEAM:

Janet Holmes
Director

Angela DaPonte
Assistant Director

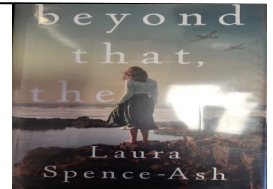
Betsy Sowin
Office Assistant

Paul, Dan & Kevin
Bus Drivers

Phil Ferreira
Manny Fontes
Maintenance

Nanci Lambert
Dining Assistant

Tuesday, November 19th at 10:15 a.m. BOOK GROUP— featuring the novel. "beyond that, the sea" by Laura Spence-Ash. Large print books available- All are welcome to join this free & fun group



OPEN ENROLLMENT for Medicare October 15th through December 7th

Call (401)-846-7426 ex. 4 or (401)-619-8788 to make your appointment

RENEW Your Membership Early and SAVE \$5.00;

Membership now REQUIRED to Play BINGO



SAVE the DATE: Holiday Craft Sale~ Saturday, December 7th from 9 a.m. to 2 p.m.- Something for everyone on your list!

ACTIVITIES AT A GLANCE

TOPS – Monday at 9:00 a.m. in Game Room
Learn Ukulele with Otis-Mondays, 12:45-1:45 p.m.
Functional Fitness with Deb—Mondays & Wednesdays 9 a.m. and Fridays at 10:00
Quilting for Charity meets every Monday at 10:00-3:00 p.m.
Pitch League- Hi, Lo, Jack meets Mondays at 12:30-3 p.m.
Chair Yoga with Shirley—Tuesdays at 9 a.m. Class fee is \$3 per class.
Drums Alive! with Jessica-Tuesdays at 12:45 p.m. Class fee is \$3 per class.
Paint with Shawndavid Tuesdays 2:00-3:30 pm \$25 for 6-week session
Book Club Tuesday, November 19th at 10:15 a.m. “beyond that, the sea”
Mah Jongg– Tuesdays and Fridays, 11:00 a.m.-3 p.m
Wednesdays: 12:30-3 p.m. Cribbage (Game Rm)
Chorus –Wednesdays at 12:30 p.m. in the Lounge
Balance & Mobility with Jess-Thursdays at 9:00 a.m. Class fee is \$3/members
CENTER MEETING will be held on **Thursday, November 21st at 10:15 am**
TECH TIME with Kristin-Thursday, November 14th at 10 a.m. (monthly)
BINGO-Thursdays, Nov. 7th & 21st!!! 1:00-3:00 PM Start Promptly at 1:00 p.m.
Knitters for Charity-Thursdays at 1:00-3:00 p.m.
Zumba with Jessica—Fridays at 8:45 a.m. Fee is \$3.00 per class



Thursdays @ 1:00 SHARP
Nov. 7th and 21st

Our next Center Meeting will be Thursday, **November 21st** at 10:15 a.m. All members are invited to attend.

COME ENJOY OUR OWN PIANO MAN,



TECH TIME with Kristin!—Second Thursday of the month – NOVEMBER 14th at 10:00 a.m. Kristin Amaral, Technology Coordinator from the Tiverton Public Library will help with all your technical issues, especially smart phones! .



Sandy Cook–
Wednesdays,
12:30-3:00 p.m.

CARE GIVER SUPPORT GROUP

Care Giver Support Group will meet on
Mondays, November 4th & 25th
 2:30 to 3:45p.m.;
 Facilitator: **Janet Grapentine**



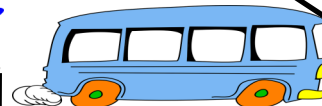
Terri Gomes from Visiting Nurse Home & Hospice will be providing blood pressure checks on Thursday, November 21st from 9:00–11:00; sign up in the office

Join the Fun!
 Crafting on Wednesday afternoons~ Create while enjoying live music by Sandy Cook

Happy Birthday

NOVEMBER 2024

William Vieira	02	Dennis Smith	16
Sandra Cahoon	04	Janice Gomes	16
Geri Moniz	05	Janine Aversing	16
Gilbert Rebello	06	Sharon Neal	17
Carmen Riquelme	06	Paul Delpape	19
Carol Solimene	08	Bill Cruz	19
Yvonne Velez	10	Richard Marshall	19
Starr Medeiros	11	Carolyn Carvalho	20
Yvette Berube	11	Geraldine Letendre	20
Judith Medeiros	15	Leo Bouchard	22
Carolyn Wieman	15	Helen Gaughan	25
		Carol Petisca	25
		Betty Geary	27
		Wayne Cahoon	28



Dan and Kevin will be temporary bus drivers while Paul recovers from shoulder surgery. Our bus service for Tiverton seniors is on Tuesdays, Wednesdays and Thursdays. (Later start of Thursdays for folks to attend BINGO). Please call 401-625-6790 to reserve your spot. Bus trips are not individualized. Shopping bags are limited to four bags per person.



